Mental Creation Precedes Physical Creation

First Creation

Mental thought and plan for Desired results

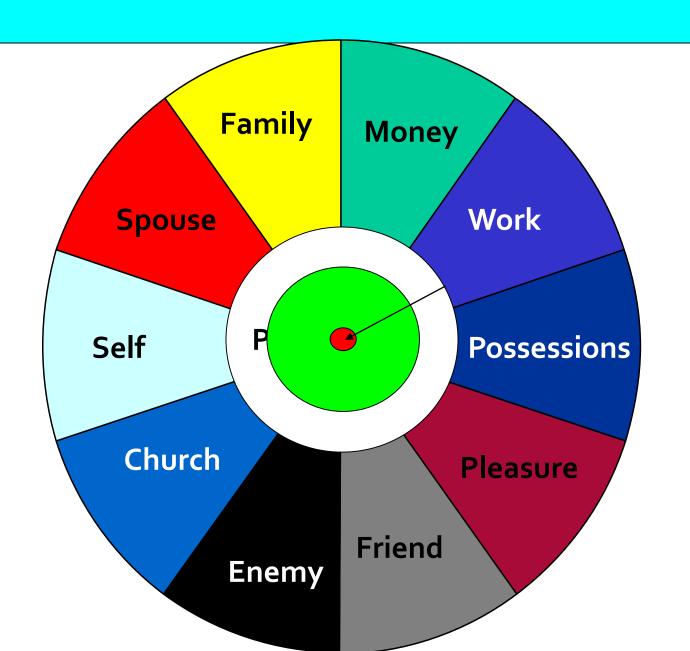
Second Creation

Physical production of Desired Results

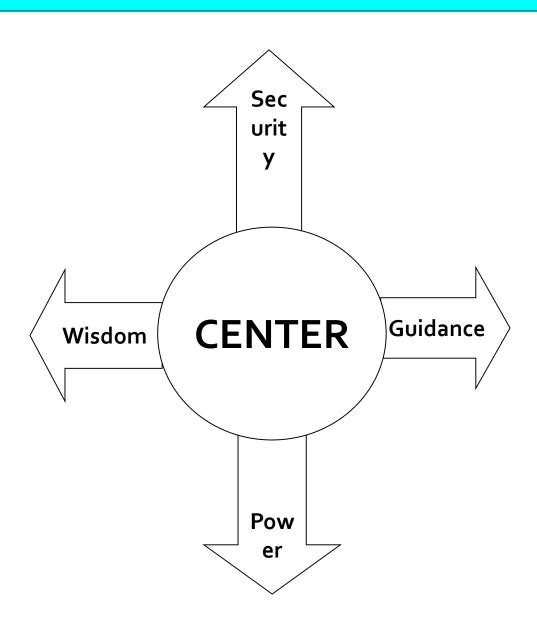
By Design or Default?

The most effective people, however, shape their own future. Instead of letting other people, or circumstances determine their destiny, they mentally plan and then physically create their own positive results. What they have in their mind shapes their future.

Alternative Centers



Identify your Centers



Identify your Centers

Whatever is at the center of our life will be the source of:

Security - sense of worth, your identity, your emotional anchorage, your self-esteem, your basic personal strength or lack of it.

Guidance - source of direction in life, your map, your internal frame of reference that interprets for you what is happening out there, are standards or principles or implicit criteria that govern moment by moment decision-making and doing.

Identify your Centers

Wisdom - perspective on life, your sense of balance, your understanding of how the various parts and principles apply and relate to each other. It embraces judgment, discernment, comprehension. It is a gestalt or oneness, an integrated wholeness.

Power - faculty or capacity to act, the strength and potency to accomplish something. It is the vital energy to make choices and decisions. It also includes the capacity to overcome deeply embedded habits and to cultivate higher, more effective ones.

Principle Centered

- Principles aren't religious.
- They aren't American or Chinese.
- They aren't yours or mine.
- They aren't up for discussion.
- They apply equally to everyone, rich or poor, king or peasant, male or female.
- They can't be bought or sold.
- If you live by them, you will excel. If you break them, you will fail.

it's that simple

Principle Centered – Advantages

First, you are not being acted upon by other people or circum-stances. You are proactively choosing what you determine to be the best alternative. You make your decision consciously and knowledgeably.

Second, you know your decision is most effective because it is based on principles with predictable long-term results.

Principle Centered – Advantages

- Third, what you choose to do contributes to your ultimate values in life.
- Fourth, because you are independent, you can be effectively interdependent.
- And finally, you'll feel comfortable about your decision. Whatever you choose to do, you can focus on it and enjoy it.

Principle Centered – Advantages

As a principle-centered person, you see things differently. And because you see things differently, you think differently, you act differently.

Because you have a high degree of security, guidance, wisdom, and power that flows from a solid, unchanging core, you have the foundation of a highly proactive and highly effective life.

Have



DO



Be





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Tribute Statements

Role:	
Key Person:	

When you are inspired by some great purpose, some extraordinary project, all your thoughts break their bounds. Your mind transcends limitations, your consciousness expands in every direction, and you find yourself in a new, great and wonderful world. Patanjali